

## **Feed Your Worms**



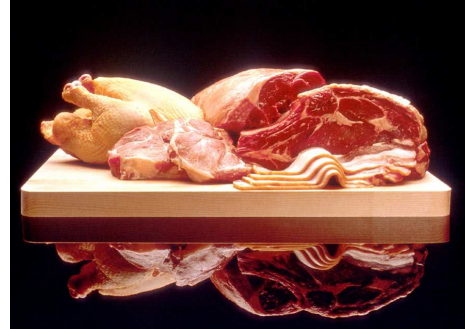
**Vegetable Scraps**  
**Fruit Scraps**  
**Eggs Shells**



**Coffee Grounds**  
**Tea Bags**  
**Untreated yard waste**



## **Do Not Feed Your Worms**



**Meat**  
**Bones**  
**Oil**  
**Dairy**



**Oils**  
**Garlic**  
**Citrus**

